



Dignity Health™
St. Mary Medical Center

Fall 2015

Disaster Resource
Center for Long Beach

Physician
Residency Program

St. Mary
By-the-Numbers

Engage



New Era Begins at St. Mary Medical Center

Committed to its healing mission, Dignity Health - St. Mary Medical Center is remodeling, investing in advanced technologies and diversifying the ways it provides care.



In October, St. Mary began a \$9.6-million renovation project for the entire medical center, part of a comprehensive “Hello humankindness” initiative designed to help create an environment that promotes patient healing.

“The plan involves all patient access points, including common areas, patient rooms, bathrooms and the cafeteria,” reports Joel Yuhas, President and CEO of

St. Mary. “The improvements are dedicated to ensuring a warm, patient-centered experience.”

Early in 2016, the hospital completes installation of its new and second Catheterization Lab, which houses the imaging technology and tools to visualize arteries and diagnose heart abnormalities. Over \$2.4 million has been invested in new cardiac cath lab equipment as well as the development of Long Beach’s first Arrhythmia Center.

With charitable support, St. Mary will purchase the GE Innova IGS 530 cardiovascular and interventional imaging system to perform diagnostic and intervention procedures. The GE Innova will enable Cath Lab staff to take more sophisticated and detailed images of the heart and vessels, as well as perform peripheral scans. It also expends the lowest dosage radiation possible for imaging – a benefit to both the patient undergoing the procedure and staff who perform multiple procedures every day.

Precise cardiovascular imaging is critical for assessing heart function and measuring the risk of heart attacks, heart disease, and congenital heart defects. The acquisition of the GE Innova IGS 530 system will enable St. Mary to provide leading-edge cardiovascular services for patients at high risk for heart failure due to chronic disease.

Additionally, St. Mary Medical Center is submitting plans to the State to expand its Emergency Department (ED) from 23 to 43 beds to accommodate increased patient activity.

“The Affordable Care Act has impacted all hospitals because it has given more people access to health insurance and inpatient as well as outpatient care, when necessary. Our hospital has seen a significant increase in ED visits, inpatient admissions, surgeries and radiology procedures,” Yuhas said.

St. Mary’s ED was built to accommodate 35,000 patient visits annually, but sees about 60,000 each year. Visits are projected to increase by 11 percent over the next two years. The hospital’s trauma service has seen patient volume increase by double digits over each of the last five years. Projected plans for the ED redesign may also include one of the first Senior Emergency Care Centers in California. Emergency rooms are, at times, noisy and chaotic. There is a need in our community for a special unit within the ED that caters to the needs and vulnerabilities of some senior citizens.

GE Innova IGS 530 cardiovascular and interventional imaging system is designed to perform diagnostic and intervention procedures.



On the cover: (Center) Kathy Dollarhide, Director, Disaster Resource Center at St. Mary Medical Center, with members of the Hospital's Security Team (left to right) Marcus Martin, Chris Ramirez, Frank Covarubias and Mario Ramirez.

Breast Cancer Screening for Women Under 40

With Gratitude to the Susan G. Komen Foundation

Currently, St. Mary Medical Center's Sr. Sabina Sullivan Women's Health Center/ Vincent Esposito Imaging Center is the only provider in the Long Beach area offering comprehensive, culturally-competent breast cancer diagnostic services for women of all age groups and men regardless of their ability to pay, who are uninsured or do not qualify for government programs.



Early detection of breast cancer is important to surviving the disease and ensuring an optimal outcome. Unfortunately, many women under the age of 40 and most men do not feel they are at risk of developing breast cancer. And while men are 100 times less likely to develop it, an estimated 2,350 men in the United States will be diagnosed

with breast cancer in 2015.* Lack of insurance may inhibit women and men from seeking an evaluation of a suspicious lump.

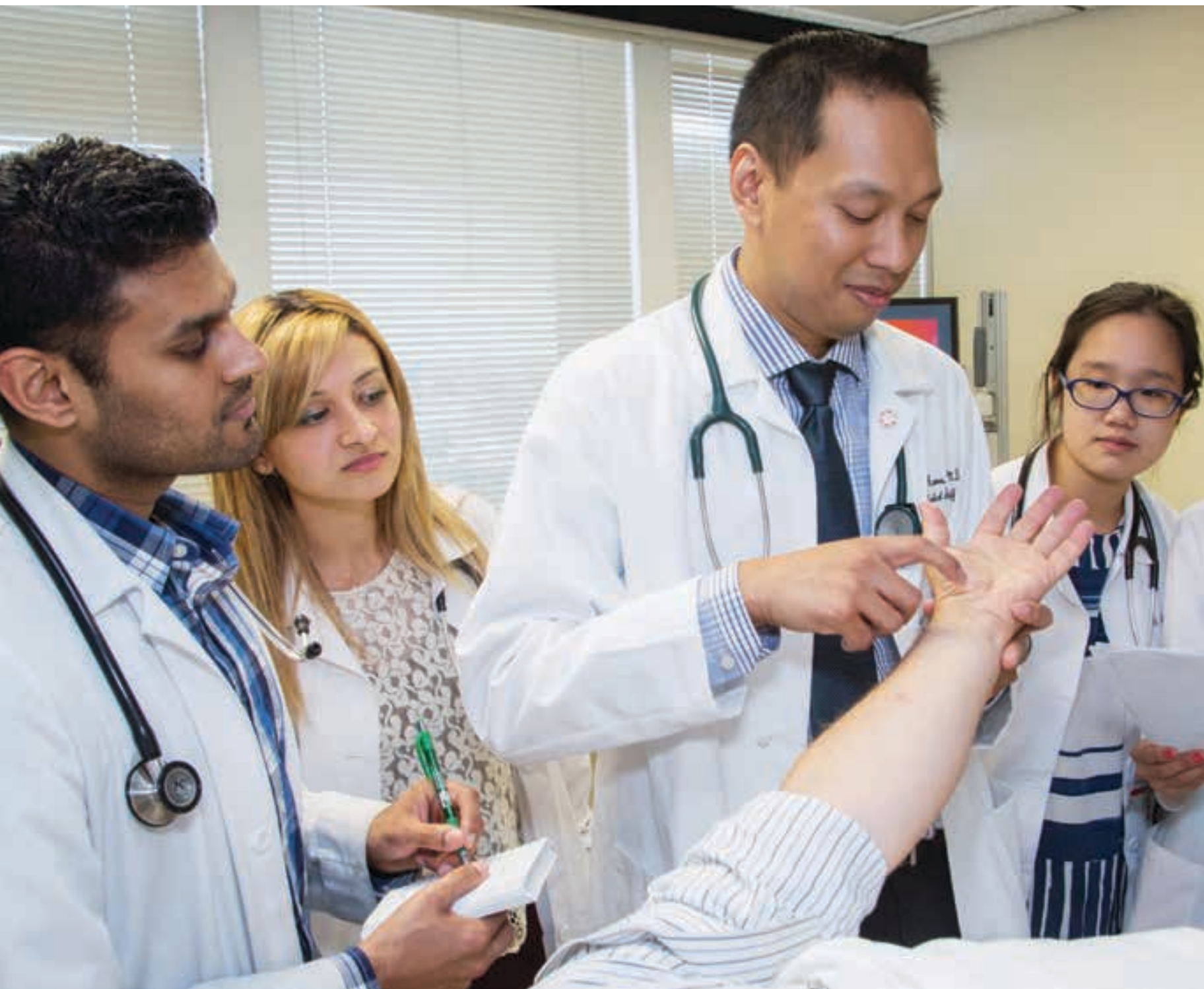
Thanks to a generous charitable grant from the Susan G. Komen Foundation of Los Angeles County, symptomatic women under 40 and men of any age can be screened for breast cancer at the Women's Health Center. The Under 40 Diagnostic Program (Komen) funds free comprehensive diagnostic services – including digital mammograms – for women and men who find a suspicious lump or mass in the breast and do not qualify for state-funded screening programs because of their age or sex. The Komen Foundation has awarded Under 40 Diagnostic Program grants to St. Mary continuously since 2002. Since then, the Women's Health Center has successfully performed 12,266 breast cancer screening and diagnostic services for 7,211 uninsured, low-income women under 40 and men.

“This program has been invaluable to the women who otherwise would have nowhere to turn for diagnostics after discovering a suspicious lump,” says Lillian Herrera, Manager of the Women's Health Center. “Early detection has been a lifesaver for these women, since they otherwise might not have undergone testing until they qualified for state-funded screening programs. By then, their cancer could have spread to a point where their survival rate would have been much less optimistic.”

Another program provides funds for screening women over 40, who are unable to pay for the test. Every Woman Counts is a program funded by the State of California and offers free mammograms for uninsured, low-income women 40 years of age and older.

In addition to breast care services, the Women's Health Center also offers bone density testing (DEXA scan) to determine the presence of osteoporosis, as well as a variety of ultrasound examinations and diagnostic radiology services (X-rays). With a full complement of diagnostic and treatment services, the Women's Health Center is a comprehensive resource for all residents in Long Beach – both women and men who need to screen for breast cancer. * American Cancer Society





Physician Residency Program:

Commitment to Internal Medicine



St. Mary Medical Center is the longest established community teaching hospital in Long Beach, proudly operating for over 40 years. Over this time, St. Mary has trained hundreds of new physicians to meet the growing demand for primary care in our region.



Center: Neill Ramos, M.D., Medical Director of the Family Clinic of Long Beach and Associate Program Director, Ambulatory Services, leads a patient examination with residents (left to right) Punit Bavishi, M.D., Sharon Williams, M.D., Li Ling Quek, M.D., and Alejandra Gutierrez, M.D.



Graduates of St. Mary Medical Center's Internal Medicine Residency Program, sponsored by the David Geffen School of Medicine at UCLA, may go into private practice in primary care or choose hospital medicine. Since our program was established in 1968, 600 residents have trained at St. Mary and gone on to make their mark in Internal Medicine and in other medical specialties.

Some pursue fellowship programs to get more training in a variety of subspecialties, including Cardiology, Nephrology, Hematology-Oncology, Rheumatology, Infectious Diseases and Critical Care medicine.

Internal Medicine is a specialty that encompasses more than a dozen disciplines, and physicians trained in Internal Medicine (often referred to as "internists") are skilled in the prevention, diagnosis and treatment of adult diseases.

Our residents come from many medical schools around the country and even around the world. For instance, this year we have several residents who went to medical school and did previous residency training in Europe.

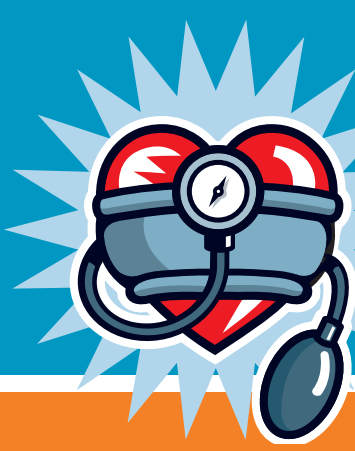
At large academic medical centers and teaching facilities, dozens of different residency programs consume and compete for finite clinical and teaching resources for medical procedures, imaging and pharmacy expertise, support services and patients. However, the St. Mary program focuses on training and mentoring Internal Medicine residents.

"We are proud of the hospital's tradition and commitment to medical education," notes Kel Miller, Manager of Academic Affairs. "St. Mary operates 13 clinics including a dedicated Family Clinic, where our Internal Medicine Residents in collaboration with our Faculty Physicians, ensure that people have timely and comprehensive access to primary medical

care. The internal medicine residency program is an asset to the Long Beach community, providing a source of new physicians that often remain in the community for their careers."

Joel Yuhas, hospital president added, "Our teaching mission is something we value highly at St. Mary. That is why we are looking to expand our collaboration with Harbor/UCLA and other academic teaching organizations to expand programs in General Surgery, Family Medicine, OB/GYN and Pediatrics in 2016. Our responsibility to the community compels us to play a pivotal role in meeting the demand for primary care services. There simply aren't enough physicians in the Long Beach community to meet consumer demand. St. Mary Medical Center understands that our role as the premier community teaching hospital in the region, is essential to maintain the health and vitality of Long Beach and its surrounding cities."

Since the program was established in 1968, 600 residents have trained at St. Mary and gone on to make their mark in internal medicine and in other medical specialties.



3,425

Number of surgeries

389

Number of
acute-care beds

56,001

Number of ER visits

58%

Percentage of
employees who
donate to the
Annual Fund

donate

2,421

Number of donors

10,943

Number of inpatients

133,568

Number of outpatient
procedures

116

Number of
Community
Volunteers
serving on
three boards

2,412

Number of births

\$5.6 million

Amount of charitable support provided by Foundation
to the hospital for equipment, programs and services

\$207,000

 Amount donated by employees

006

Number of
Doctors



1,350

Number of Employees

93

Years serving the community

140

Number of
in-service
Volunteers

29,005

Number of hours donated
by in-service volunteers

36

Number of
Doctors in
Residence

350

Number of
Student Volunteers

\$30
Million

Value of Community
Benefits Programs

\$669,000

Value of hours donated
by in-service volunteers

Where do the donations come from?

2014/15 Fiscal Year



How are the contributions used?

(Partial List)

Equipment and Facilities

- EMS Break Room and Portable X-ray in the Emergency Department
- New operating Tables for the Surgery Department
- Video system for the G.I. Laboratory

Training the Next Generation of Caregivers

- Medical Doctors in Internal Medicine Residency Program
- UCLA Residents in the Emergency Room
- C.O.P.E. Nurse Scholarship Program Studies

Community Outreach Program

- C.A.R.E. HIV/AIDS Program
- Families in Good Health Program
- Diabetes Education



The Disaster Resource Center: Long Beach **Lifeline**



Kathy Dollarhide
Disaster Resource Center Program
Director, St. Mary Medical Center

When terrorists brought down the World Trade Center in September 2001, the attack shattered any illusion that Americans would always be safe within the country's borders. The catastrophe gave birth to the Department of Homeland Security and subsequently the National Hospital Bioterrorism Program, a federally funded grant program that focuses on vulnerable, high-population areas throughout the country. It aims to prepare communities for any imaginable disaster using hospitals as command centers.

Los Angeles County was among the first to be selected for the National Hospital Bioterrorism Program, and St. Mary Medical Center was chosen as one of only 11 countywide Disaster Resource Centers (DRC) designated by Homeland Security to take a leadership role in managing the response to a natural or manmade catastrophe.

It's a designation that St. Mary takes very seriously. As a DRC, St. Mary has acquired \$2.4 million in specialized equipment, supplies and decontamination capabilities through the grants program. In the event of a disaster, St. Mary is prepared to deploy an entire warehouse of supplies and equipment to erect an extensive tent city for sheltering and triaging victims. The DRC works alongside St. Mary's Emergency Department to coordinate expert critical care for the wounded and displaced. As a designated trauma center, St. Mary is well equipped to care for such victims.

St. Mary's contract with L.A. Emergency Medical Services, which manages the DRC grant, also funds a full-time Director who oversees the education and outreach to local emergency responders, law enforcement, joint forces, other hospitals and port authorities.

“Because we have such a large and potentially vulnerable service area, we consider ongoing disaster training and education a top priority in being prepared for a manmade or natural calamity” Kathy Dollarhide, DRC Program Director

“Our area is unique in that we are the only one with an island, airport and shipping ports in its domain,” says Kathy Dollarhide RN, BSN, CEN, CEM, Director of St. Mary's Disaster Resource Center, whose extensive training includes designations as a Certified Emergency Manager and Trauma Surge Coordinator. “Because we have such a large and potentially vulnerable service area, we consider ongoing disaster training and education a top priority in being prepared for a manmade or natural calamity, Kathy says.”

Being prepared means holding several drills each year, including a major decontamination exercise where everyone – including physicians suits up in the special gear required in the event of a hazardous material leak or spill. Drills have been conducted routinely at Long Beach Airport, mimicking such scenarios as a terrorist attack and an airplane crash. In late fall 2015, there will be an area-wide drill at the Port of Los Angeles involving the Port Police, Los Angeles County Fire Department and the L.A. Port CERT team. Mass casualty training involves all the hospitals from Catalina Island to Downey, as well as all first responders.

“Our goal is to keep the residents of Long Beach safe,” Kathy notes. St. Mary offers one of the most robust training and education programs in the country for medical personnel, first responders and community residents alike. The DRC's website also provides information on how civilians can prepare themselves for an emergency. In fact, the main accrediting organization in the country for healthcare facilities, the Joint Commission, has deemed St. Mary's DRC a “Best Practice” and a model for other DRCs in the U.S.

“We are often consulted on setting up and maintaining DRCs in other parts of the country,” Kathy says. “But of course, our first priority is keeping local residents safe.” Last summer's explosions in the sewers of Long Beach caused widespread power outages, yet St. Mary was prepared for the worst. “In a spoke-and-wheel disaster system, we are the wheel,” she states.

And thanks to the DRC at St. Mary, Long Beach residents have a valuable advantage in the odds that the wheel of life will keep spinning in the event of a major disaster.



Top 10 nationwide for stroke management and care



The physician can complete the neurological exam and review the CT results with the patient and the RN via the robot.

When Minutes Count: STAT Stroke Treatment

More than 1,200 people have been treated at the Advanced Primary Stroke Center, Dignity Health St. Mary Medical Center since it was certified by Los Angeles County in 2011. The program earned the Healthgrades™ Stroke Care Excellence Award in 2014, ranking in the top 10 nationwide for stroke management and care.

The center is a virtual, multi-disciplinary treatment program involving the Emergency Department, Neurological Sciences, Medical-Surgical, Acute Rehabilitation and Outpatient Rehabilitation clinical teams. Stroke Program Coordinator Lisa Johnson, NP, says the goal is to “provide the highest level of expertise in prevention, early recognition, diagnosing, intervention, treatment, rehabilitation and patient education.”

During a stroke, the ED team only has one hour to determine if the patient is a candidate for TPA, the clot-busting medicine. “This means that all staff must have their rollerskates on. Patients need lab tests taken and processed STAT, a CT scan with results STAT, EKG and chest X-ray STAT,” Johnson said. (STAT is a medical term widely used in emergency rooms for “immediately.”)

The use of telemedicine further shortens the time to treatment. Each stroke neurologist has a laptop computer that connects directly via WiFi card to one of two robots – in the ED and the Neuro Lab. The neurologist on-call receives a stroke activation notification on his or her laptop and “beams in” to evaluate the patient for a possible stroke, according to Johnson. The neurologist is present on screen and uses the laptop to operate the high-powered lens on the robot to view the entire room. The RN assists in the exam, such as touching the patient’s arm and reporting sensations to the neurologist. The physician can complete the neurological exam and review the CT results with the patient and the RN via the robot.

Conditions such as hypoglycemia must be ruled out, as well as any condition that might mimic the symptoms of stroke. The patient’s medical history must be verified for recent surgeries, bleeding problems or recent head trauma. Frequent neuro exams – using the National Institute of Health Stroke Scale (NIHSS) – must be performed by the staff. All nurses in the ED are certified in performing the NIHSS exam.

If the patient is diagnosed with an ischemic (clot) stroke and is a candidate for clot-busting treatment, the physician must gain the patient’s consent and then proceed to order the medication to be mixed, confirmed and administered, all within the first hour of a stroke. “It is a daunting task,” said Johnson. “But the ED staff does a fantastic job at meeting these important measures.”

If the condition warrants surgical intervention, the patient may go directly to the operating room for surgery by one of the skilled neurosurgeons at St. Mary. Follow-up care, acute rehabilitation and outpatient rehabilitation are part of the treatment plan that ensures patients their best possible recovery.

After the acute phase of stroke, every patient must have an RN bedside swallow screen test, conducted by RNs who have taken special classes and passed competency exams to perform the test. Based on results of the swallow function test, the patient will be fed an optimal diet of pureed food/honey-thick nectar and oral medication. If the patient does not pass this test, he or she is administered intravenous medications and nutrition until swallow results improve.

In Acute Rehabilitation, the patient continues to work with speech therapists, physical therapists and occupational therapists to regain optimal function.

Feedback from St. Mary patients has shown very high satisfaction with the Stroke Program, according to Johnson. They report having been well-informed about the symptoms of stroke, the medications that they needed to take following discharge from the hospital, and ways to prevent subsequent stroke.

Someone experiencing any of the following symptoms should get immediately to an Emergency Department:

- **Sudden weakness of face, arm or leg**
- **Sudden confusion or trouble speaking**
- **Sudden trouble walking or feeling dizzy**
- **Sudden severe headache without cause**
- **Sudden trouble with vision in one or both eyes**



Meet Don Johnson: **The Greatest Generation**

Baby boomers may get all the attention and millennials may be up-and-comers, but the “Greatest Generation” earned that reputation for a reason. When the bombing of Pearl Harbor triggered America’s entrance into World War II, young men rose to the occasion and enlisted in scores. They set the standard for patriotism and for defending democracy. Don Johnson was among them.



The 94-year old grew up in Minneapolis, but after volunteering to join the Marines, he was sent to San Diego. The proximity to the ocean allowed Don to indulge his love of boating, acquired over many summers spent sailing Lake Calhoun near his home. It was a hobby that would define a large part of his adult life. During his four years of active duty, Don met and married his first wife, Patricia. He joined her family’s highly successful lumber business after his military service and moved to Long Beach shortly afterward.

“We loved boating,” says Don, who joined the Long Beach Yacht Club (LBYC) in 1960. He is currently one of the ten oldest-living members of the club, and his membership in LBYC exceeds 50 years. Don filled a variety of volunteer roles at the club over the years, such as Chairman of the Race Committee and of the Protest Committee, which set the club’s rules for sailing. Among his prized mementos are photos of Ted Roosevelt’s cousin, Julian, an Olympic gold medalist, and Ted Turner winning the Congressional Cup in 1977.

When Patricia fell ill in 1986 with a pulmonary condition, Don visited her every day at St. Mary Medical Center. "I was very grateful for the wonderful care she received," he says. During his frequent visits, Don became acquainted with the St. Mary staff. He made a donation in Patricia's memory following her passing and soon became an active supporter of St. Mary.

Don eventually married his second wife, Ginny, whom he had known since before he met his first wife. Together, they embarked on expansive adventures over the 27 years of their marriage. As enthusiastic fans of Airstream trailers, they travelled over 300,000 miles throughout the U.S., Canada, Mexico and the Northwest Territory. Don served as Region President of the Airstream Club. They also circled the globe two-and-a-half times over 50 cruises. Throughout his travels and to this day, Don enjoys adding to his collections of coins, rocks, shells and toy car replicas.

"The income I earn from the annuities pays very well and a large portion of those payments are tax-free. Plus, the St. Mary staff looks after me, and has for a long time. I like supporting an institution like St. Mary that does the greatest good."

He continues to enjoy exotic cars, and Foundation staff members have taken him to visit special car exhibits including a recent exhibit of Duesenbergs.

Don also has remained an active supporter of St. Mary, and has set up several Charitable Gift Annuities with St. Mary Medical Center Foundation. With the regular high fixed-annuity rate he receives, Don is able to afford his assisted living accommodations and still have money left over to indulge in his hobbies. Don also has included the St. Mary Foundation in his Trust, leaving an ultimate gift and legacy.

Ginny spent her last four years living in a memory care facility, where Don visited her every day. She passed away in 2013. Without heirs, Don wanted his estate to benefit others. "Not having any family, there is no reason for me to leave a large estate for the government to act upon," he says. "The income I earn from the annuities pays very well and a large portion of those payments are tax-free. Plus, the St. Mary staff looks after me, and has for a long time. I like supporting an institution like St. Mary that does the greatest good."

Spoken like a true member of the Greatest Generation.

Plan Your Legacy Today... and Receive Fixed Income for Life!

You can receive fixed income for life while creating a legacy to support important community programs and services at St. Mary Medical Center through a Charitable Gift Annuity (CGA).

Here are the benefits of a Charitable Gift Annuity:

- Provides financial security for you and/or a loved one with regular fixed income payments for life, at a high rate of return.
- Can be funded with a gift of cash or stock of \$10,000 or more.
- A portion of your annuity payments may be treated as tax-free income.
- Receive an immediate charitable income tax deduction, usually in excess of 50 percent of the gift amount.
- If funded with appreciated securities, no up-front capital gains tax will be due.
- Only a portion of your capital gains will be reportable, and the tax will be spread out over your annuity payments.
- Fixed, reliable income helps offset the risks of the stock market.
- CGAs are easy to create – the agreement is a simple two-page contract between you and St. Mary.

Gifts Anyone Can Make:

You can make a planned gift to St. Mary Medical Center Foundation in a number of ways:

- Retirement Plan: Naming St. Mary as the beneficiary of your Life Insurance Policy or your IRA.
- Retained Life Estate: This allows you to gift your home to St. Mary and continue to live in it, and receive an immediate and significant charitable tax deduction.
- Bequest Gifts: By including St. Mary in your estate plans, your gift will create a legacy in your/or a loved one's name that will provide for the future needs of the medical center and support the ongoing needs of our patients.

For more information on CGA rates or to request a free, no-obligation personal gift illustration, please contact Linda J. Rahn, CFRE, Director of Gift Planning, St. Mary Foundation at 562-491-9225 or via email to: Linda.Rahn@dignityhealth.org. You may also use our confidential on-line gift planning tools on our website at: <https://www.planyourlegacy.supportstmary.org>

Our Supportive Community



Celebrating at the annual Foundation 21 Reception are (left to right) CARE 21 members Gary Michovich, Jay Villarreal, Joel Yuhas, President of St. Mary Medical Center, and Henri Winters.



Celebrating with St. Mary donors are (left to right) Hospital executives Jodi Hein, DNP, MHA, RN, Vice President & Chief Nursing Officer; Pam Fair, RN, BSN, Director Critical Care & Emergency Services; and Stacie Amarantos, MSN, BSN, RN, Assistant Chief Nursing Executive Officer.



Long-time St. Mary charitable supporters Dr. Harley and Sallie Deere at the Foundation's 2015 Donor Recognition Reception in September.



Foundation Board Member Leo Vander Lans and his wife Judith at the Foundation 21 "Motown Mixer" Donor Recognition event.



Friends of St. Mary, Elena Papini and Sam Gagliardi, enjoy a festive night honoring supporters of St. Mary Medical Center at the Betty H. Reckas Cultural Center in Long Beach.



Foundation donors (left to right) Gladys Leipersberger and Cheryl McNulty-Wolczanski share fellowship, good food and dancing at the Foundation's annual reception in September.



St. Mary Medical Center welcomes Ellen Hanley as a new member to the Sister Alphonsus Circle of Philanthropy at Old Ranch Country Club.



Sister Alphonsus Legacy Society Chair, Gene Lentzner and his wife Ann at the Society's 2015 Reception at Old Ranch Country Club in May.

Our Supportive Community



Golfers (left to right) Brian Kuchera, Dr. Stephen Shea, Christopher Shea and Frank Suryan enjoy the 2015 Charity Golf Tournament at Virginia Country Club. Proceeds benefit St. Mary Medical Center.



CARE 21 supporters (left to right) Steven Nottingham, David Navarro, Rob Istad and Mitchell Stath at the April Spring for CARE reception held at the home of Kier Jones and T. M. Dileva.

St. Mary Medical Center Community Calendar

Senior Health

AARP Smart Driver Course

8 Hour Class:

Tuesday, December 8

and Thursday, December 10

9AM-1PM

(\$20 per person, \$15 for AARP members)

Taught by an instructor from AARP the 1-day or 2-day Smart Driver program is held monthly at St. Mary Medical Center. First time participant must take the 8 hour class (2 day/4-hr per day); you may take the 1-day refresher class only if you have previously taken the 8-hr course within the last 3 years.

RESERVATION: Please make check payable to AARP (\$20 per person, \$15 for AARP members- *please write your AARP number on the note line of your check*) and mail to: St. Mary Bazzeni Wellness Center, 1050 Linden Avenue, Long Beach, CA 90813 Attn: Annissa Jaramillo For more information please call 562-491-9187.

Balance Assessment

Thursday, December 10, 2015

10AM-11AM

Screening held in the Outpatient Rehab department to test walking abilities. To register please call 888-478-6279.

Glucose/Cholesterol Screening

Monday, December 14, 2015

9AM-12PM

Screening will be offered the 2nd Monday of every month. You must not have had a screening within the last 6 months at the Bazzeni Wellness Center. You must call and register for an appointment. For more information or to schedule an appointment please call 562-491-9187.



Senior Fit

Monday, Wednesday & Friday

9:30AM-10:30AM

\$20 Blue Card Members

\$18 Gold Card Members

Being active is an essential part of a healthy and independent lifestyle. Your local Wellness Center is offering physical activity classes for seniors. Group classes are a great way to make exercise part of your daily routine and to meet new people. All courses are taught by a Physical Therapist from St. Mary Medical Center-Rehab department. To register: Please mail, or bring payment to the Bazzeni Wellness Center: 1050 Linden Avenue, Long Beach, CA 90813. For more information call 562-491-9811.

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The only thing you will
take through those
pearly gates is *what you
have given away.* Marcia Moore

Credits

Engage is published by the St. Mary Medical Center Foundation. Please contact us at (562) 491-9225 for more information about services and program at St. Mary Medical Center or to make a tax-deductible contribution.

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A Dignity Health Member

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